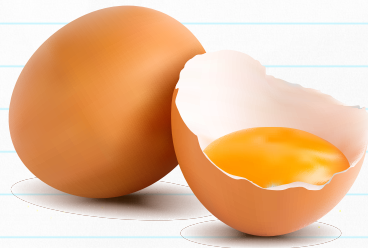




Make your own veggie garden, out of eggshells!

What you need:

- An egg carton full of eggs
- Potting compost
- Cress or grass seeds
- A black felt tip



Getting started:

1. Ask your mum or dad to only crack the top half of the eggshell when frying eggs. Rinse the bottom half and keep it somewhere safe.
2. Collect as many clean eggshells as possible.
Tip: give everybody eggs for lunch.
3. Draw little faces on the eggshells and put them back in the egg carton.
4. Fill each of the eggshells with potting compost until just below the edge.
5. Sprinkle the seeds over the filled eggshells and pour a little water into them every day.

